

TROOP 20 Winter Outing Packing Checklist – (Not suitable for snow camping)

- ___ Backpack – External Frame packs will distribute weight more efficiently.
- ___ Sleeping Bag – Rated 20°F MAX – Fill should be Holofill, Polarguard, or Qualofil – Down is Acceptable providing there is NO CHANCE OF GETTING YOUR BAG WET! Store your bag in a plastic bag to keep dry.
- ___ Pad – Closed cell foam or thermorest, NO AIR MATRESSES as air is not a good insulator as a pad!
- ___ Ground Cloth –light weight Plastic / Tarp / Space blanket that is 6’ square

Ten Essentials:

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|---|---------------------------------------|
| Compass | Pocket Knife (If you have toten chip) |
| Flashlight / head lamp, Bulb, Batteries | Sunscreen and Sunglasses as required |
| Emergency Food – Power bar | Chapstick |
| Water proof or sealed matches | Moleskin |
| Whistle | Tissues for all those runny noses |
| First Aid Kit | Map of the area |
| Candle | 50’ of lightweight nylon rope |

Clothing: COTTON KILLS! Dress in layers! ALWAYS store cloths in sealed plastic bags

1. Polypropylene and/or silk thermal underwear is recommended – pants and long sleeve shirt. NO COTTON LONG UNDERWEAR
2. Extra Polyester or Poly/Nylon blend T-Shirt, long sleeve recommended.
3. Extra pair of underwear shorts.
4. Extra wool blend socks (2) pairs.
5. Silk liner socks are optional and suggested with problems associated with blisters.
6. Wool or fleece shirt
7. Wool pants and / or nylon shell pants with fleece liner or Nylon hiker pants.
8. Wool or fleece sweater
9. Wool or fleece hat
10. Wool or fleece gloves
11. Wind and water resistant jacket that is also breathable
12. Rain gear – pants and hooded jacket - a rain hat is often a good idea
13. Good sturdy water resistant boots.
11. Gaitors are optional – but recommended when the trail condition is questionable.

NOTE:- If you are allergic to wool, use poly liners to protect your skin from the wool.

Personal Items: No electronics are permitted on scout outings unless given advanced permission by the scoutmaster.

- ___ Plastic eating utensils – Bowl, Cup, Knife / Fork / Spoon
- ___ Toothbrush and paste
- ___ Water Bottle or camel back bladder, (2) quarts for drinking and first nights cooking
- ___ Plastic garbage bags (30 gallon)
- ___ Pack Cover or extra garbage bag
- ___ Plastic bags to cover your feet (if your boots get wet) Bread sacks work great!
- ___ Toilet paper in sealed baggy – Plastic Shovel is also a good idea!
- ___ Camera (Optional)

Patrol Gear: Distributed amongst the patrol members

- ___ Food – bring \$5-7 to pay for food unless otherwise specified
- ___ Stoves)
- ___ Fuel Bottle(s)
- ___ Cooking Pots –w/ utensils and cleaning sponge and dish soap.
- ___ Tarp(s)
- ___ Tent(s)