

The 10 Outdoor Essentials + 4 more

1. **Map**
2. **Compass**
3. **Flashlight / Headlamp**
4. **Extra Food**
5. **Extra Clothes**
6. **Sunglasses**
7. **First-Aid Kit**
8. **Pocket Knife**
9. **Waterproof Matches**
10. **Firestarter**
11. **Water / Filter / Bottles**
12. **Whistle**
13. **Insect Repellents or Clothing**
14. **Sunburn Preventatives**

The most important essential, however, is not on the list--"**Common Sense**". Having the right gear is one thing, knowing how and when to use it is quite another. Most often, it's not a person's equipment that saves their bacon. It's their experience, know-how, and good judgment.

For greater detail on each essential, [click here](#).

List Courtesy of [Backpacking.net](#).